

WHAT THE HEALTH?

FCDPHE NEWSLETTER

JUNE 2019



CONFERENCE

In May, several Public Health staff attended the 3rd annual Shared Risks & Protective Factors conference in

Keystone, CO. This was a very interesting conference and our staff came

back with great ideas and excitement! Two CTC board members & three youth also attended this conference. One of the youth that attended, Kelsey, has been a youth Community Board member since 2016!



HEPATITIS OUTBREAK

As we continue with our Hepatitis A outbreak in Fremont County, we have been busy stepping up our response. We have provided several Hepatitis A vaccine clinics at the jail, Loaves and Fishes and Mercy Today food pantry. We have also done outreach to increase awareness throughout the county.

CELEBRATE WOMENS FESTIVAL

FCDPHE was at the Celebration of Women festival at the Veteran's Park on June 3rd. There was a large turn out and we met a lot of wonderful women, handed out a lot of give aways & educational pamphlets. We will be at Safety Jam on the 8th of June. Stop by and see us!



VITAL RECORDS

Each county is responsible for registering all unattended home births in their county. An unattended birth is a birth that took place with no midwife or medical help at all. So far this year, Fremont County has registered 8 unattended births. One couple was from another country vacationing here. Their baby came early and was born in their car! The family was unable to go back to their country until they had a birth certificate and social security card in hand. We were able to help them through this process quickly and they were grateful. There is a lot of paperwork involved in registering a home birth. We have to have proof of pregnancy, proof of live birth, and proof of residency at the time of birth. There also needs to be ID and worksheets filled out for the demographic and medical information of the birth. Once this info is collected it is approved by the local Vital Record office, then it is sent to State Vital Records office in Denver & they approve it, then a certified birth certificate can be obtained.

POP QUIZ

ANSWERS IN NEXT MONTHS NEWSLETTER

Question 1: What is Trypanophobia the fear of?

Question 2: True or False, a humans thumb is as long as his or her nose?

Question 3: Which food is considered a whole grain: Popcorn, Broccoli or Peas?

ENVIRONMENTAL HEALTH

It's festival season. Blossom festival had 37 retail food vendors & the Abby & Florence car shows had 11 vendors.

There was a plague investigation of the Prairie Dog population in Penrose. Fleas were collected & tested, and the results came back negative.

Four complaints were followed up on & 17 routine inspections of restaurants & child care were done.

Several pre-operational inspections were done for new businesses.

EMPLOYEE SPOTLIGHT

Shannon Espinoza is our office manager. Shannon will be with FCDPHE one year in July. Shannon is our "go to" person & is the back bone of our office. She has



OUR GOALS FOR THE MONTH

1. The Substance Abuse Regional Coalition (SARC) holds quarterly meetings to address substance use/abuse in Fremont, Lake, Chaffee & Custer counties. The Coalition has three action teams that meet monthly to address the needs in our community related to harm reduction, prevention & treatment & recovery. If you are interested in joining, please email emma.davis@fremontco.com.
2. We are working on increasing our collaboration with surrounding agencies for maternal/child health referrals & pregnancy related depression referrals. We are hoping to build some relationships with community partners for tobacco cessation.
3. Completing all deliverables for 2018-2019 Public Health Emergency Preparedness grant. We start a new grant year in July.
4. Our goal is to start offering testing for HIV & Hep C July 1st.
5. Communities That Care (CTC) will be voting on strategies for implementation & transition into Phase 4 of the CTC process. There will be a "Youth Zone" at the Whitewater Festival on 6/22 @ 6-10pm.
6. Tobacco Cessation & CTC are planning a community event on June 20th .

two children, some chickens and dogs. Shannon enjoys painting and watching dramatic comedies. She says the best part about her job is the great team she works with.

OUR ACCOMPLISHMENTS THIS MONTH

1. The Board of Health on May 28, 2019 approved contracts to continue work on several state funded grants.
2. More clients have signed up for the Baby & Me Tobacco Free program. We are scheduling more clients for appointments at the Florence Clinic.
3. Our Communicable Disease & EPR Coordinator has completed the Child Fatality reviews, participated in Pueblo's Colorado State Emergency Preparedness Program, (CSEPP). She has also attended a conferences on Epidemiology and Zoonoses Diseases.
4. We had our first ever CTC float in the Blossom Parade. Youth Advisory Board members passed out 200 fruit snacks & they assisted with a post parade clean up.
5. Our Tobacco Cessation Specialist has been busy attending conferences & is going to be a Second Chance program administrator to support the schools.

OUR CLINIC/NURSING UPDATES

Our nurses successfully completed 3 days of training on HIV & Hep C testing and counseling.

We now offer low cost testing for Chlamydia and Gonorrhea. This is a urine test and the results are available within 24-48 hrs. As our STI rates rise in Fremont County we are now offering this service as another option for individuals who may need it.

Our Florence clinic is a success! We have had a great turn out on the 4th Friday of each month. We are excited to be able to serve the Florence area.

We recently enjoyed a morning at our Canon City High school interviewing local students for internships during the 2019/2020 school year. We met some of the wonderful youth in our community and look forward to working with someone this coming year.

We administered 203 immunizations in May. That is 11.27 vaccines per day that we are open. We are continuing to collaborate with our county school nurses to help improve our vaccine rate county wide.